



VIRTUAL CONFERENCE:

MONDAY 20 SEPTEMBER 2021 09:00-17:00

# Mental health and safeguarding

Sacpa members report that mental health is one of the top three concerns in their organisations, alongside the associated safeguarding concerns that arise as a result. We are facing a tsunami of concerns around mental health following the pandemic, causing a shortage of external support and delayed referrals.

Mental health and safeguarding are intrinsically linked. Based on regular discussions with Sacpa members, working across a range of sectors, this conference has been designed to address the key issues surrounding the current mental health crisis. Practitioners need an understanding of both safeguarding and mental health, and how they come together, to successfully support those in their care.

Audience: All practitioners working with children, young people or vulnerable individuals, DSL/DSO, DDSL, Safeguarding Manager/Lead, Mental health leads.





# Mental health and safeguarding

September **20**, 2021

SESSION

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09:00 - 09:45 We

### Welcome

· Aileen Kane, Director, Sacpa and COO, BSA Group

### Keynote

• Jo Howarth, Founder and Managing Director, The Happiness Club

SESSION

10:00 - 11:00

## **Eating disorders**

- Chair: Jane Graham, Director, Health and Wellbeing BSA Group and Director, Hieda
- Tina McGuff, Eating Disorder & Mental Health Awareness Workshop Facilitator, Author, Mental Health First Aid Trainer
- Adrienne Rennie, Recovery Worker and BEAT Ambassador

11:00 - 11:30

**MORNING BREAK** 

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11:30 - 12:30

# Self-harm and suicide ideation

- Chair: Aileen Kane, Director, Sacpa and COO, BSA Group
- Indra Herbert, National Training Manager, PAPYRUS UK
- Kenny Gibson (RN), National Head of Safeguarding, NHS England

12:30 - 13:30

LUNCH

SESSION

13:30 - 14:30

### Mental health first aid

- Chair: Dale Wilkins, Director of Safeguarding, Professional Development and Accreditation, BSA Group
- Jane Graham, Director, Hieda and Director, Health and Wellbeing, BSA Group

14:30 – 15:00

AFTERNOON BREAK

SESSION 5

15:00 - 16:00

### **Understanding anxiety**

- Chair: Bethan Waddington, Head of CPD, Events and Consultancy, BSA Group
- Dr Jody Walshe, Educational and Child Psychologist and Author
- Dave Smithson, Operations Director, AnxietyUK

16:00 - 17:00

### Supporting the supporters

- Chair: Ammy Davies-Potter, Director of Guardianship and Inclusion, BSA Group
- Jane Bee, Director, Jane Bee Safeguarding Ltd

17:00

Conference close



**Aileen Kane**Director, Sacpa and COO,
BSA Group



Jo Howarth Founder and Managing Director, The Happiness Club



Jane Graham Director, Hieda and Director, Health and Wellbeing, BSA Group



**Tina McGuff**Eating Disorder & Mental
Health Awareness
Workshop Facilitator,
Author, Mental Health First
Aid Trainer



Adrienne Rennie Recovery Worker and BEAT Ambassador



Indra Herbert National Training Manager, PAPYRUS UK



Kenny Gibson (RN) National Head of Safeguarding, NHS England



**Dale Wilkins**Director of Safeguarding,
Professional Development
and Accreditation, BSA



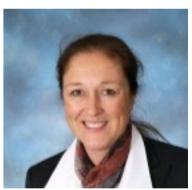
**Beth Waddington** Head of CPD, Events and Consultancy, BSA Group



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**Jane Bee**Jane Bee Safeguarding Ltd



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