

To join **SACPA** 

VIRTUAL
CONFERENCE:

MONDAY
20
SEPTEMBER 2021
09:00-17:00

Mental health and safeguarding

Sacpa members report that mental health is one of the top three concerns in their organisations, alongside the associated safeguarding concerns that arise as a result. We are facing a tsunami of concerns around mental health following the pandemic, causing a shortage of external support and delayed referrals.

Mental health and safeguarding are intrinsically linked. Based on regular discussions with Sacpa members, working across a range of sectors, this conference has been designed to address the key issues surrounding the current mental health crisis. Practitioners need an understanding of both safeguarding and mental health, and how they come together, to successfully support those in their care.

Audience: All practitioners working with children, young people or vulnerable individuals, DSL/DSO, DDSL, Safeguarding Manager/Lead, Mental health leads.

#sacpaconf2021

Mental health and safeguarding

September **20**, 2021

SESSION 1	09:00 – 09:45	Welcome <ul style="list-style-type: none">• Aileen Kane, Director, Sacpa and COO, BSA Group Keynote <ul style="list-style-type: none">• Jo Howarth, Founder and Managing Director, The Happiness Club
SESSION 2	10:00 – 11:00	Eating disorders <ul style="list-style-type: none">• Chair: Jane Graham, Director, Health and Wellbeing BSA Group and Director, Hieda• Tina McGuff, Eating Disorder & Mental Health Awareness Workshop Facilitator, Author, Mental Health First Aid Trainer• Adrienne Rennie, Recovery Worker and BEAT Ambassador
	11:00 – 11:30	MORNING BREAK
SESSION 3	11:30 – 12:30	Self-harm and suicide ideation <ul style="list-style-type: none">• Chair: Aileen Kane, Director, Sacpa and COO, BSA Group• Indra Herbert, National Training Manager, POPYRUS UK• Kenny Gibson (RN), National Head of Safeguarding, NHS England
	12:30 – 13:30	LUNCH
SESSION 4	13:30 – 14:30	Mental health first aid <ul style="list-style-type: none">• Chair: Dale Wilkins, Director of Safeguarding, Professional Development and Accreditation, BSA Group• Jane Graham, Director, Hieda and Director, Health and Wellbeing, BSA Group
	14:30 – 15:00	AFTERNOON BREAK
SESSION 5	15:00 – 16:00	Understanding anxiety <ul style="list-style-type: none">• Chair: Bethan Waddington, Head of CPD, Events and Consultancy, BSA Group• Dr Jody Walshe, Educational and Child Psychologist and Author• Dave Smithson, Operations Director, AnxietyUK
	16:00 – 17:00	Supporting the supporters <ul style="list-style-type: none">• Chair: Ammy Davies-Potter, Director of Guardianship and Inclusion, BSA Group• Jane Bee, Director, Jane Bee Safeguarding Ltd
	17:00	Conference close



Aileen Kane
Director, Sacpa and COO,
BSA Group



Jo Howarth
Founder and
Managing Director,
The Happiness Club



Jane Graham
Director, Hieda and
Director, Health and
Wellbeing, BSA Group



Tina McGuff
Eating Disorder & Mental
Health Awareness
Workshop Facilitator,
Author, Mental Health First
Aid Trainer



Adrienne Rennie
Recovery Worker and
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Indra Herbert
National Training
Manager, POPYRUS UK



Kenny Gibson (RN)
National Head of
Safeguarding, NHS
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Jane Bee
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